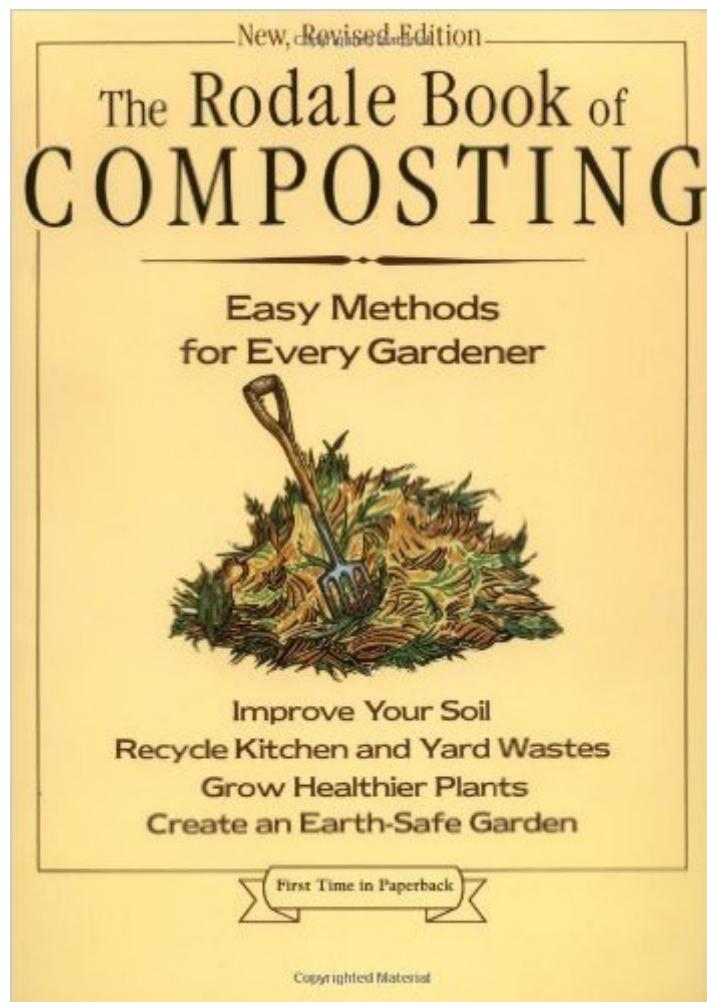


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# The Rodale Book Of Composting: Easy Methods For Every Gardener



## **Synopsis**

The essential guide to composting for all gardeners and environmentally conscious peopleComposting is fast becoming a household word. Gardeners know it is the best way to feed the soil, while others look to composting as a way to dispose of grass clippings, autumn leaves, and tree trimmings. The Rodale Book of Composting edited by Grace Gershuny and Deborah L. Martin offers:<sup>\*</sup> Easy-to-follow instructions for making and using compost<sup>\*</sup> Helpful tips for apartment dwellers, suburbanites, farmers and community leaders<sup>\*</sup> Ecologically sound solutions to growing waste disposal problems

## **Book Information**

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## **Customer Reviews**

Although the bulk of the material contained in this book could be found online, it's still a worthwhile purchase. Indeed, it is a must have. The purchase price of the book will be quickly regained in the money you will save making your own compost rather than purchasing bagged compost or synthetic fertiliser.A few of the chapters are more interesting than useful to the home gardener. For instance, one of the early chapters discusses the history of composting beginning with the ancient Akkadians. The final chapter discusses managing large scale compost operations (by large scale, I mean tens and hundreds of tons of waste) on the farm or as part of a municipal waste management strategy.The core of the book, however, is very directly useful. A chapter is provided describing the chemistry of what goes on in composting, and what goes on as plants attempt to take nutrients from the soil. Another chapter describes the various types of life from microbes to insects and worms

(including lovely line drawings) that inhabit a compost pile during the various phases of its lifecycle. By far the most useful chapter is chapter 6, which provides a list of potential ingredients for your pile and suggestions on how to obtain them. Numerous charts are provided that indicate on balance whether an item should be considered a "green" or a "brown", and (should you desire more specifics) the actual NPK content of various ingredients. This is fully a fifth of the book. The next most useful chapter is chapter 10, which gives suggestions for various sorts of compost bins you can buy or build. Another chapter describes tools like chippers and shredders that might be useful to you if you plan to make a fair amount of compost.

I began using the Rodale methods for organic gardening including composting back in the early 1970s and continue to do so today. I swear to you these methods work. If you truly want to be a great gardener and help save the planet from the depredations of the backward and evil, read this book. Rodale's dream of a compost pile in every back yard is alive. We can all make a difference and THE RODALE BOOK OF COMPOSTING shows you how. In the early pages of the book, the editors Deborah Martin and Grace Gersuny (the book is a composite of excellent articles published over the years in ORGANIC GARDENING) have included a history of composting. Composting was known to the Jews, the Romans, the Greeks, American Indians, and other traditional people. Washington and Jefferson used organic methods to grow their crops, vegetables, fruits, and flowers. Composting was a major activity for farmers until the petro-chemical industry persuaded farmers they needed oil-converted-to-fertilizer-and-poisons to grow crops. Practices are changing, but as the new AG bill shows, not fast enough. Why should the little guy compost? This book gives you all sorts of reasons for composting, but my response is why not compost. You can compost if you live in an apartment on the 29th floor of a building in New York City, and you might want compost for your house plants after you read this book. I have composted for so long I cannot imagine how anyone gardens and does not compost. First of all you add nutrients not available from man-made sources and these nutrients help you grow great plants. Think of compost as breast milk. Why would you give your roses canned formula when they can have the real thing? When you use compost on your plants, you strengthen them against disease and predators.

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